

CV of a YogiScientist

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This is a YogaScience experiment—I've led two lives, so I might as well admit it. Much of what follows is extremely cryptic—but then CVs always hide more than show.

Age	Years	Yogi	Scientist
0-6	46-52	Loving family, but often ill—many spells of fever with deliriums & hallucinations.	Multi-lingual, multi-cultural life in US Foreign Service family—extensive time overseas.
7-11	53-57	“Why am I ‘me’?” event in Saigon ~1956; “& not somebody else—seems <i>so</i> arbitrary!”	Microscopes, binoculars, telescopes, bugs, rocks, electricity, and chemistry sets.
12-18	58-64	Religious boarding school, first reflections on reconciling science and religion. Attracted to notions of “direct experience.”	Science and math advanced placement. Work with Lowell Wood in lab of Willard F. Libby at UCLA + later at Lawrence Livermore Lab.
19-22	65-68	Meet Swami Satchidananda while at Harvard in '67. First “spiritual experiences” (transfiguration, kundalini, witness consciousness). Begin formal Yoga and meditation practice.	Biology major with broad interests in philosophy, math, physics, chemistry, astronomy, cosmology, ecology, and planetary science class with w/ visiting professor Carl Sagan at Harvard Observatory.
23-27	69-73	Marry, 1 st daughter is born in '72. Instructor of Hatha and Raja Yogas, live in IYI ashrams in San Francisco and Clearlake. Create and MC “Meeting of the Ways” on KQED-FM radio in San Francisco.	First research on science of meditation with Bernard Glueck in Hartford, and later while working at UCSF in electron microscopy down the street from Joe Kamiya’s EEG lab. “Experience Simulator” gedanken.
28-30	74-76	Member of Yogaville East community. First contacts with Adi Da’s books & devotees. “Vow of Happiness” experiment for 30 th birthday. First glimpses of YogaScience.	Research assistant in bacterial genetics at UCONN. Published several papers with Claire Berg PhD. MS Genetics '76. Nominated by Berg to Sigma Xi (research honor society).
31-34	77-80	2 nd daughter born. Become formal correspondent student of Adidam.	Medical School at UCONN. Elective work and presentation on fasting physiology.
35-36	81-82	First research work and writing for Adi Da on crystals, jet lag, and death physiology.	Internship at UC Davis, Sacramento Med Center. Karl Pribram seminar in Napa.
37-42	83-88	Intensive application to “Way of the Heart” culminating in unique experience of non-separation in Cathedral in May of '86.	Director of Research for Radiant Life Clinic; initial intensive work on development of Summa. MD work as rural GP.
43-48	89-94	Active member of Washington DC regional Adidam. Month-long Meditation Retreat in Naitaba, Fiji in August of '93.	First draft of the SummaParadigm Nov '90. UBI SBIR grant proposal to NIH. Move from GP to full-time “nutritional medicine.”
49-51	95-97	Member of Northern California Adidam. Medical research support for Adi Da’s personal physician. “Heart to Heart” meeting with Adi Da in May of '97. First reading of Ken Wilber’s SES.	Presentations on the Summa at the Tucson-II conference “Towards a Science of Consciousness.” Continued effort to develop an “orthomolecular health” medical practice—active w/ OHM Society in San Francisco.
52-56	98-02	Period of transition out of Adidam. Begin exploration of nondual spiritual schools as found in Buddhist and other traditions.	“Heart of Health Medicine” paper. On board of OHMS. Medical Director of True North Health Fasting Center.
57-60	03-06	Experiential exploration of Tibetan Buddhism under Namkhai Norbu Rinpoche. Discovery of the full ATC & the 4 domains.	Begin work on YogaScience, intensive dialog with Kent Palmer, PhD, in-depth study of Elmer Green’s work, & biofeedback at AAPB.
61-now	07-09	Experiential exploration of ScienceYoga as a practice of “culmination of seeking.”	Development of YogaScience, svamd.com website, presentations at ISSSEEM & SAND